



Dermal Filler Information

Dermal Fillers are versatile gel like substances made up of Hyaluronic acid (a natural substance found in our skin) that is used as an anti-ageing treatment to help lift, hydrate, volumize and smooth lines and hollows. During the ageing process, our skin thins and loses volume as our own collagen, hyaluronic acid and elastin gradually diminish. As a result, we lose our skin's natural volume, leading to a tired aged appearance. Dermal fillers can be injected safely to help hydrate and restore lost volume in certain areas of the face, resulting in a more refreshed youthful appearance.

Following the treatment, you will notice **immediate results**. You may also experience some redness, tenderness, itching, or bruising at the injection site. This is completely normal and will disappear within a few days.

AFTERCARE

- Avoid touching or rubbing the treated area for six hours.
- Avoid exposing the treated area to extreme temperatures (e.g. heat, sunbathing, sun beds, hot showers/baths etc.) during the first week or until any undesirable reactions have fully healed.
- Avoid strenuous exercise for 24h following treatment.
- It's advised to avoid alcohol for 24h before and after your procedure.
- Do not apply makeup to the treated area for at least 12 hours

FURTHER TREATMENT

- Factors such as the structure of your skin, your lifestyle, and your age will all influence the longevity of your dermal filler treatment results.
- Results of treatment can last 6-18 months depending on filler product used and procedure performed.