

Chemical Peels Information sheet

Chemical peels work by gently sloughing off a layer of damaged skin to reveal newer healthier skin. With the help of naturally occurring acids and active ingredients, our chemical peels help stimulate the skins own regeneration process, to produce new collagen and elastin, resulting in smoother, clearer skin and a more youthful appearance.

Following treatment, expect to see immediate results with a continual improvement after each session.

AFTERCARE:

- Refrain from touching or rubbing the skin. DO NOT PICK OR PULL THE SKIN.
- Gently wash the treated areas on the same day, but do not rub or massage the face for 2 weeks. Cleanse using a mild cleanser. Pat to dry only with a clean towel.
- Use of an intensive moisturiser is advised for at least a week as your skin may feel drier or tighter after your treatment – this is quite normal.
- Avoid facial products containing fragrance for 3-5 days after treatment,
- Avoid makeup application for 24h after treatment.
- Avoid extreme temperatures such as intensive sun light, saunas, sunbed, steam bath for a period of at least 2 weeks after treatment.
- Apply a sunscreen with an SPF30+ on a daily basis and with regular applications for a period of at least 2 weeks.
- Avoid electrolysis, waxing, bleaching (face), depilatory creams, laser hair removal for at least 72 hours.